

HO HO HOPE

CHRISTMAS 5KM RACE

15. 12. 2024

RACE INFORMATION

ABOUT

Beirut Marathon invites you to celebrate the joy of the season with our Christmas 5 KM Race & Fund Run! This special event combines the spirit of running with the joy of giving, bringing our community together for a memorable day in Jounieh. Whether you're aiming for a personal best or just looking to enjoy the holiday cheer, this event is for everyone!

Event Details

- Race Options: 5 KM Competitive Race & 3 KM Fund Run
- Date: Sunday, December 15, 2024
- Location: Start and Finish in Fouad Chehab Stadium, Jounieh

Registration Fees

- 5 KM Race: \$20 USD (excluding LAF / Njuko / OMT Fee)
- 5 KM Fun Run: \$20 USD (excluding LAF / Njuko / OMT Fee)

Part of the proceeds will go directly towards buying gifts for children in need. Join us in spreading holiday joy by helping us reach our target of 1,000 gifts for children.

WHY?

Run, Give Back, and Make a Difference!

As part of this event, BMA staff will visit children's cancer wards across various hospitals to personally deliver gifts, bringing smiles and hope to children spending the holidays in hospital. By participating, you'll be supporting this heartfelt cause and making a real difference in these children's lives.

Additional Ways to Give

Want to help us reach our goal of 1,000 gifts? You can make an extra impact by donating in cash or providing gifts in kind, which will go directly to children receiving care in hospitals. Together, let's make this holiday season special for them.

Promoting Mental Health

Supporting our running community and filling the sports gap with an event to strengthen the mission and vision of BMA.

Beirut Marathon Association's Mission This Year: Bringing Smiles to Little Fighters

This year, **Beirut Marathon Association** is running for a purpose far greater than crossing a finish line. With every step we take, we aim to bring joy to the bravest hearts—the children battling cancer in hospitals across Lebanon.

We've committed to using part of the registration fees from the race to purchase **200 Christmas gifts** for these children. But we believe we can do more. Together, we can turn that **200 into 1,000 gifts**—1,000 reasons to make their holiday brighter, 1,000 moments of joy for those who need it the most.

To make this dream come true, we need your help. Whether it's a cash donation or a gift you can deliver to our offices, your contribution will bring hope and happiness to these little fighters and their families during the holiday season.

🎁 Join our mission today. Let's come together as a nation to ensure no child is left without a smile this Christmas.

📍 You can donate nationwide or drop off gifts directly at BMA. Together, let's make this season magical for the children who need it most.

❤️ Let's run for hope. Let's give for joy.



Children's
Cancer Center
Lebanon



How To Register

Registration is now open! Secure your spot by December 10, 2024, or until capacity is reached. Don't miss the chance to race, give back, and celebrate the festive season with us.

Beirutmarathon.org

▶ Support a Meaningful Cause

▶ Bring Holiday Joy

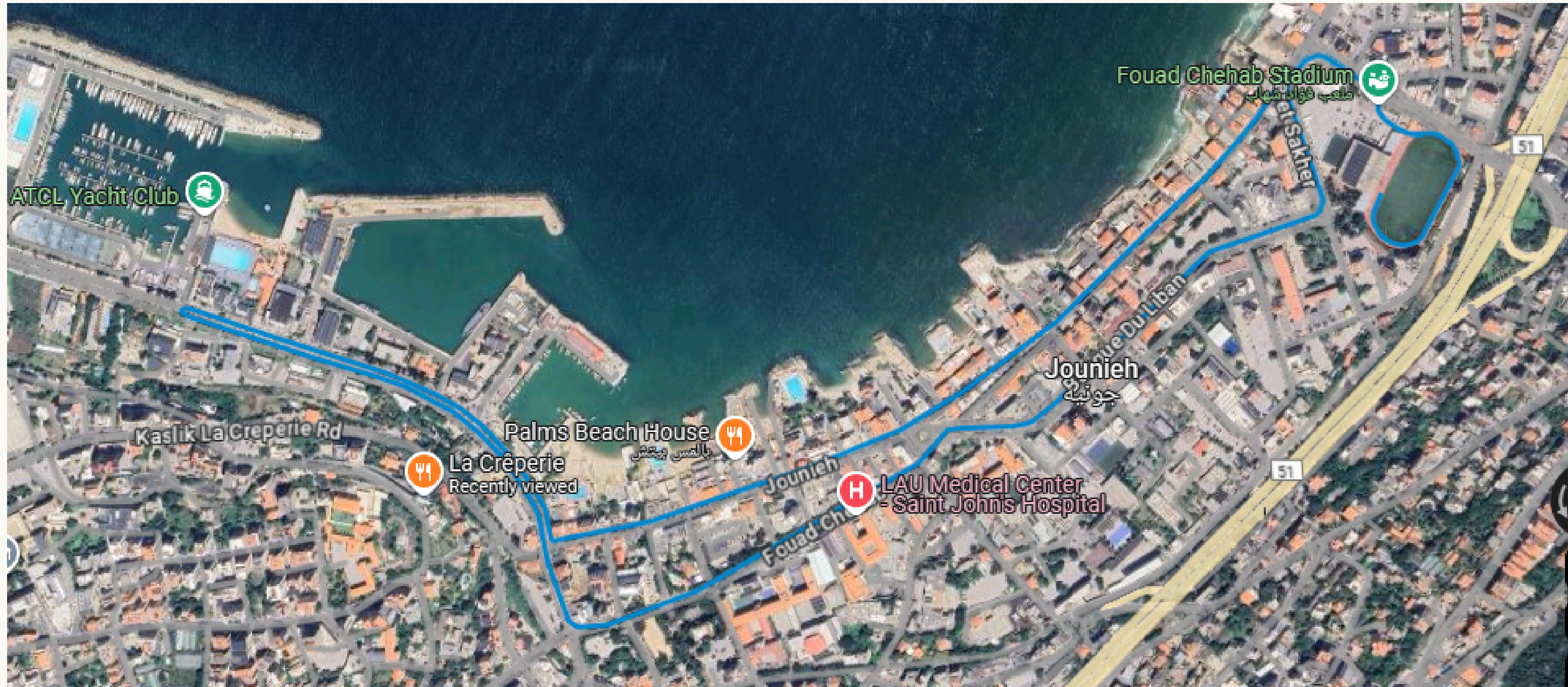
▶ Celebrate Togetherness

▶ Be Part of Something Bigger

5 KM Race Course

- Race starts from inside of **Fouad Chehab Stadium**
- Run 300m on track and then exit the stadium
- Turn left at the exit of the stadium towards Makhlouf round about
- Turn left towards the old souk passing by the Municipality of Jounieh all the way to reach Malak el Tawouk intersection
- Turn right towards ATCL
- When we reach the old Officers club facing Stephano Cafe, make a U-turn and head back at the opposite side to reach again Malak el Tawouk
- Continue straight to reach United Gas Station
- Turn left at United Gas Station to reach LAU Medical Center - St. John Hospital
- Turn right towards Bank of Lebanon street
- Continue straight to reach Saraya Jounieh
- Take a left at the roundabout and along the stadium fence
- Turn right to reach the entrance of Fouad Chehab Stadium
- Enter the parking and again inside the stadium to reach the finish line

5 KM Race Course

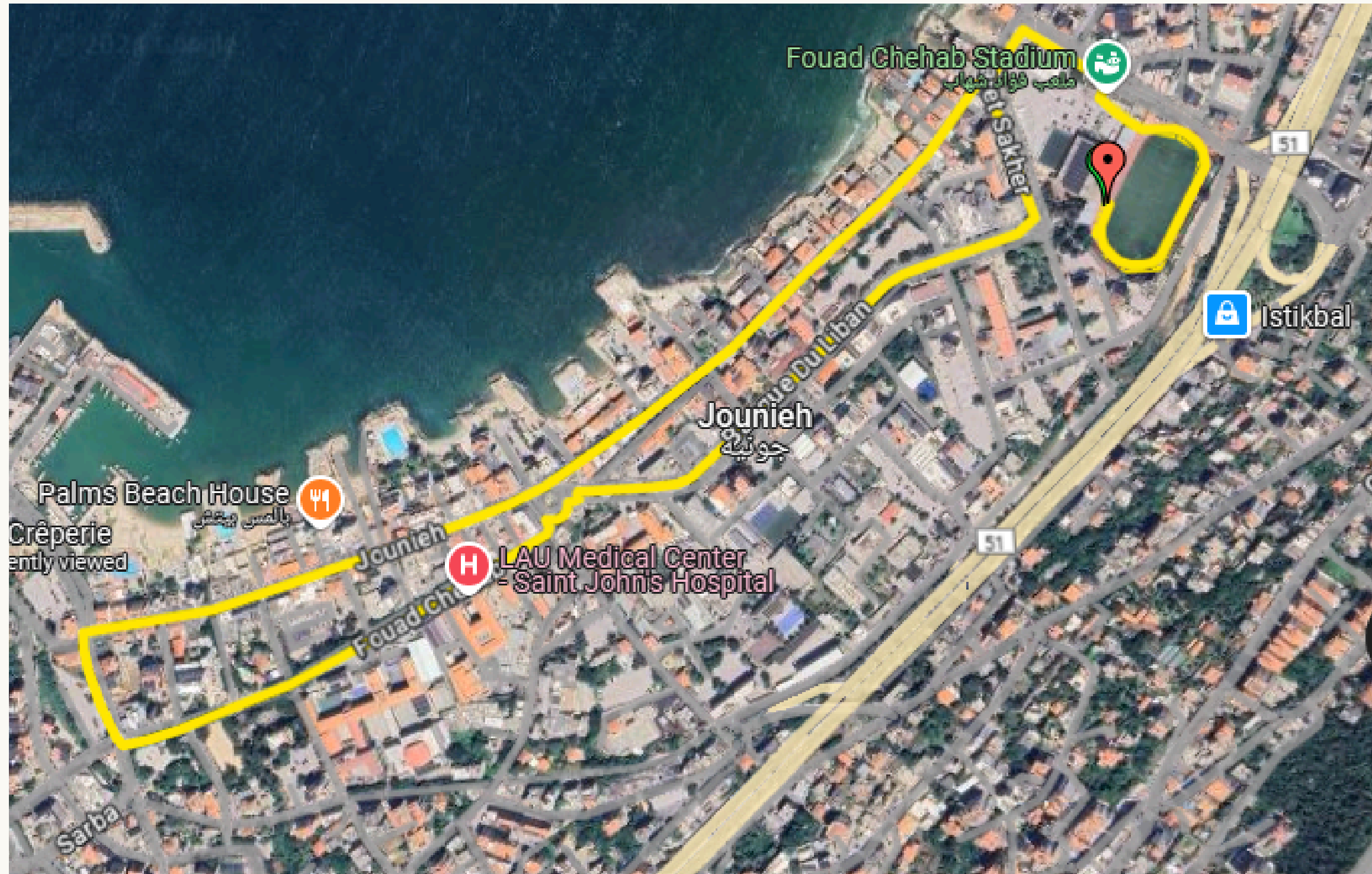


3 KM Fund Run Course

Race starts from inside of Fouad Chehab Stadium

- Run 300m on track and then exit the stadium
- Turn left at the exit of the stadium towards Makhlouf round about
- Turn left towards the old souk passing by the Municipality of Jounieh all the way to reach Malak el Tawouk intersection
- Turn left towards United Gas Station
- Continue straight to reach United Gas Station
- Turn left at United Gas Station to reach LAU Medical Center - St. John Hospital
- Turn right towards Bank of Lebanon street
- Continue straight to reach Saraya Jounieh
- Take a left at the roundabout and along the stadium fence
- Turn right to reach the entrance of Fouad Chehab Stadium
- Enter the parking and again inside the stadium to reach the finish line

3 KM Fund Run Course



Race Day Information



5 KM Race

Start Time: 07.00 AM

Capacity: 700-1,000 Runner

Cut Off Time: 45minutes

Registration Fee: 20 USD

(Excluding LAF Fee)

Registration fee covers race entry, *BIB Number, Tag, Medal and Race support*

Registration Dates:

20 November till 10 December

Or until capacity is reached

Age Limit: 8yrs +

Age Category Certificates only, no awards



3 KM Fund Run

Start Time: 07.45 AM

Capacity: 400 Runners

Cut Off Time: 45minutes

Registration Fee: 20 USD

(Excluding LAF Fee)

Registration fee covers race entry, *BIB Number, Medal and course support*

Registration Dates:

20 November till 10 December

Or until capacity is reached

Age Limit: Open to all

Age Category Division

Male

8 - 9 years
10-11 years
12-13 years
14-15 years
16-17 years
18-19 years
20-34 years
35-39 years
40-44 years
45-49 years
50-54 years
55-59 years
60-64 years
65-69 years
70-74 years
75+ & above

Female

8 - 9 years
10-11 years
12-13 years
14-15 years
16-17 years
18-19 years
20-34 years
35-39 years
40-44 years
45-49 years
50-54 years
55-59 years
60-64 years
65-69 years
70-74 years
75+ & above

Overall Winners Category

Male

1st Place (Overall)
2nd Place (Overall)
3rd Place (Overall)

Female

1st Place (Overall)
2nd Place (Overall)
3rd Place (Overall)

ELITE RUNNERS CATEGORY

Here are the 5 KM Race elite classification rules and regulations:

- **Time Qualification:** Elite runners are required to meet strict time standards set by the organizers. These time standards are often significantly faster than the general qualifying times and vary depending on the event.
- **Proof of Performance:** Elite runners must provide recent race results (between 2022 and 2024) to demonstrate their competitive ability and consistency at the specified elite level. These results are reviewed by race organizers to ensure eligibility.
- **Invitations and Entries:** Elite runners are provided with guaranteed entry, Elite Area Access & Parking Slots.
- **Separate Start and Support:** Elite runners will start at the front of the race to ensure a clear path and optimal conditions. They also have dedicated support areas, fluid stations, and access to on-course amenities.

It's important to note that the specific criteria and benefits for elite runners can vary from race to race.

To be eligible for an ELITE BIB and Position, you must meet the below **Finish Time Criteria:**

Male: 15 min - 16:59 min

Female: 17 min - 18:59 min

BIB PICK UP

BIB PICK UP Information

- Location: BMA Office, Beirut Digital District, Bldg 1288, 1st Floor
- Dates: 11-14 December 2024
- Time: 09.00 AM till 05:00 PM

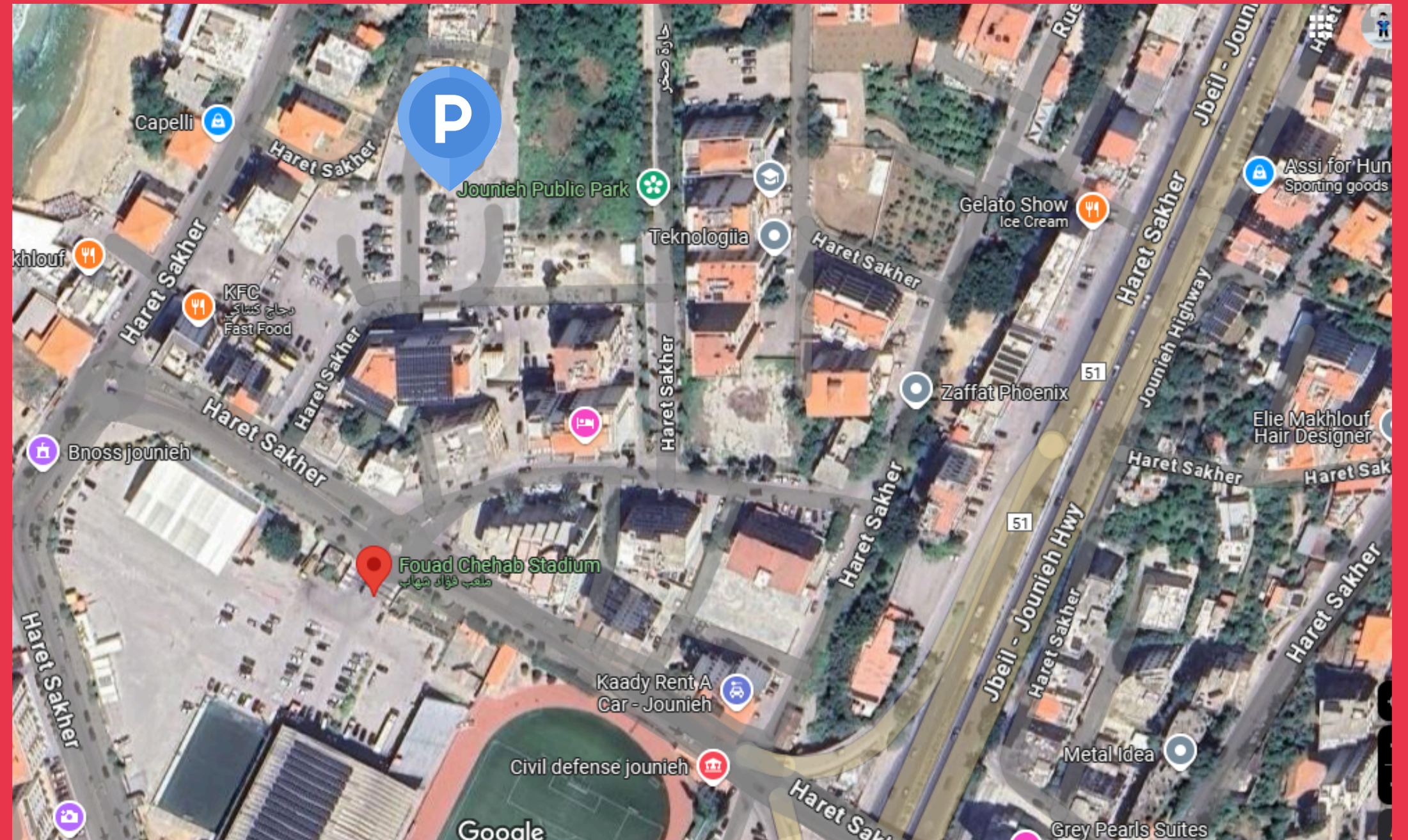
INSTRUCTIONS

- Participants must present their bib number confirmation email and photo ID to pick up their race pack.
- BIB PICK UP on Race Day is not available.
- If a runner cannot pick up their race pack, a friend or family member may pick up the packet with a copy of the runner's photo ID and bib number confirmation email.

Parking Areas

Once you arrive to Fouad Chehab Stadium (on your left), take the second right to reach the parking.

You can also park on the sides of the streets after Makhlouf Restaurant to the right, without blocking the traffic.



Thank You

**Further Information
Please Contact Us**



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