

POINTZERO

BY BEIRUT MARATHON

RULES AND REGULATIONS 2026

October 4, 2026 • Beirut Waterfront

Organized by Beirut Marathon Association (BMA)

Categories: Open • Elite

Each category contested in three doubles divisions: Men's Doubles • Women's Doubles

• Mixed Doubles (six divisions total)

01 PARTICIPANT MEDICAL & LIABILITY DECLARATION

By registering for POINTZERO or any event organized by Beirut Marathon Association (BMA), all participants confirm that they are physically fit, medically able, and adequately trained to take part in the category and doubles division for which they registered (Open or Elite category; Men's, Women's, or Mixed Doubles). They declare that they have undertaken all necessary medical examinations, tests, and consultations prior to the event and that they are in good health with no condition that could endanger themselves or others during participation.

They fully understand and acknowledge that functional fitness competitions involve inherent risks, including but not limited to injury, illness, permanent disability, or death. They voluntarily assume full responsibility for any risk, injury, health complication, or incident that may occur before, during, or after the event.

They agree that the event organizers, sponsors, partners, volunteers, medical teams, judges, and all affiliated parties shall not be held liable or responsible for any injury, illness, medical emergency, or death arising from their participation. They confirm that they are solely responsible for their decision to participate and that they are capable of completing the workouts of the division they have selected.

By completing their registration, they knowingly and willingly waive any claims against the organizers and accept full personal responsibility for their participation.

MANDATORY HEART SCREENING (HIGHLY RECOMMENDED)

In accordance with the Health & Safety guidelines and recommendations issued by the Ministry of Youth and Sports in Lebanon, all participants competing in POINTZERO or any other event organized by the Beirut Marathon Association are highly encouraged to undergo a heart screening test before participating.

While presenting a heart screening test result is not mandatory for registration or bib collection, participants are strongly advised, without exception, to consult their doctor and complete the appropriate medical and cardiac screening to ensure they are fit to compete safely.

The Beirut Marathon Association places the health and safety of all participants as a top priority and strongly recommends that every athlete, regardless of age, fitness level, or training experience, takes the necessary precautions and seeks appropriate medical advice before taking part in POINTZERO.

To better prepare, participants are encouraged to contact their local doctor for consultation or reach out to NGOs and medical entities that may provide free or discounted heart screening tests.

Effective as of 26 August 2026

02 RULES AND REGULATIONS

The Organizer (Beirut Marathon Association) reserves the right to modify or substitute any of these rules and regulations of POINTZERO from time to time as it deems fit. If there is ambiguity in any of the provisions, the Organizer shall be the authority to interpret and, in doing so, will take into account the interests of all affected participants.

Any updates to the rules and regulations of the event will be posted on the official website, **www.beirutmarathon.org**, and on social media platforms, and it is the responsibility of the affected participant to stay up to date with any changes.

For any enquiry regarding registration or results/awards, kindly email **registration@beirutmarathon.org** or call the hotline **+961 70 898 151**.

03 REGISTRATION CONDITIONS

- Once registration has been duly processed, there will be no fee refund for participants who do not eventually take part in the event, do not retrieve their BIB Numbers on time, or in the case of cancellation or injury.
- Switching of BIBs between athletes is not allowed once registration has been paid and finalized.
- Switching names is not allowed once registration has been paid and finalized.
- Switching BIBs on competition day is prohibited; both athletes involved will be banned from any BMA events for a duration of 1 year, along with a formal letter addressed to the Lebanese Athletics Federation detailing the violation and proof.
- In every doubles division (Men's, Women's, and Mixed Doubles, across both the Open and Elite categories), both registered partners must compete together as originally registered; substituting a partner after registration has closed is not permitted.

04 GENERAL RULES AND REGULATIONS

- No athlete may take part in POINTZERO without official registration and an assigned BIB Number.
- Participants must wear their assigned BIB visibly throughout the entire race, from the start line to the finish line. Athletes who do not display their BIB number may be removed from the competition floor by officials and disqualified.
- In addition to their BIB, each participant will be issued a multi-purpose sports tag (timing chip) on the day of the event. The tag remains the property of the Organizer and must be worn at all times throughout the entire race, from the start line to the finish line. It must not be removed, tampered with, or transferred to another participant.

- Participants must hand in their timing tag to the Organizer at the finish line immediately upon completing the race. Failure to wear the tag throughout the race, or to return it to the Organizer at the finish line, may result in the participant being ruled ineligible for the finisher medal and finisher certificate.
- Athletes must check in at their designated heat time. Arriving after a heat has started may result in exclusion from that workout.
- Only equipment provided or approved by the Organizer may be used on the competition floor. Personal equipment (e.g., belts, wraps, tape, shoes) is permitted only where explicitly allowed by the workout standards published before the event.
- Judges' rulings on movement standards, repetitions, and time are final. Any appeal must be raised immediately and in writing with the Head Judge before the athlete leaves the competition floor.
- Taking shortcuts, skipping prescribed movements or repetitions, or otherwise failing to complete a workout as prescribed is subject to a "no rep" call and/or direct disqualification from that workout.
- Receiving physical or verbal coaching assistance from anyone outside the competition floor during a workout, beyond what is permitted by the event's judging guidelines, is a disqualifying violation.
- A participant assisting another participant in completing a repetition or movement (e.g., pushing, lifting, or otherwise physically aiding them) is a disqualifying violation, except where required for immediate safety.
- Deliberately obstructing or interfering with another competitor is a disqualifying violation.
- The Organizer reserves the right to amend the workouts, heat schedule, or competition floor layout as it deems fit for the safety of participants and/or to prevent any potential hazards, at any time and without prior notice. Every effort will be made to inform participants ahead of the event where possible. The Organizer shall not be held liable for any loss or inconvenience caused by such changes.
- The Organizer reserves the right to cancel and/or add any division or workout without prior notice to participants.
- Any participant who begins a workout before the official start signal of their heat will be immediately disqualified from that workout.
- Participants must compete in the age and division category in which they are registered on event day.
- A participant must stop competing immediately if required to do so by a member of the official medical staff, Head Judge, Race Director, and/or security officer.
- Disputes and appeals regarding results must be submitted in writing, including by email, to registration@beirutmarathon.org.

05 AWARD RULES & REGULATIONS

- All teams that complete the race under official judging and with a recorded finish time will receive a finisher medal and a finisher certificate. No time, no medal or certificate.

- While finishers receive their finisher medal on the day, the finisher certificate remains provisional and may be withheld or revoked if the Organizer later determines — after reviewing the official recorded times and the timing system — that the athlete did not complete the full course.
- Any participant who does not wear their timing tag throughout the race, or does not return it to the Organizer at the finish line, will not be eligible for the finisher medal or finisher certificate, even if their team completed the race with a recorded official time.
- Trophies will be awarded to the top three (podium) teams in each of the six divisions: Open Men's Doubles, Open Women's Doubles, Open Mixed Doubles, Elite Men's Doubles, Elite Women's Doubles, and Elite Mixed Doubles.
- Additional prizes (medals or trophies) will be awarded to the top teams on each age-category podium. A team's age category is determined by the average of both partners' ages (the sum of both partners' ages divided by two).
- Registered teams are only entitled to awards for the category and doubles division in which they are registered and competed.
- Overall and age-category placements are determined by the team's official finish time — the combined time taken by both registered partners to complete the race — as verified by the judges and the Organizer's timing system.
- Winners declared post-event must submit proof of age and identity; original identification documents will be required by the Organizer to proceed with the awards ceremony. The Organizer may also request proof of identification during the awards ceremony itself.

⚠️ ANTI-DOPING POLICY

In the event an athlete fails a doping test, they will not be eligible for awards or an official result and will be disqualified from the competition. Such athletes may also be reported to the Lebanese Athletics Federation and/or the World Athletics Federation (WAF).

06 CODE OF ETHICS

- Always be respectful of the venue and environment used during the event.
- Do not litter the competition area with bottles, tape, chalk, or other waste; always keep the space you use clean.
- Political slogans, symbols, or discussions are strictly forbidden during all event-related activities.
- Armed weapons are NOT ALLOWED in or around the event area at any time during the event.
- Always be cheerful, supportive, and respectful toward all participants, officials, judges, organizers, staff, and volunteers.

- Please respect the volunteers who are there to assist you and follow the instructions they give you.
- When addressing any staff member on-site, always be mindful, courteous, and respectful. They are there to ensure your safety and a successful event for all.
- If you see a fellow athlete experiencing a medical condition or appearing in distress, kindly stop and check if they require assistance. If help is needed, immediately contact the race organizers, the Red Cross team, or the nearest official to ensure they receive proper medical attention. Your awareness and action can make a life-saving difference.
- Please wear proper athletic attire before, during, and after competing (no nudity). Sports attire must be worn at all times in the event area.